

# Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value	
Folate (Folic Acid)	500 mcg	125%
Vitamin C (Ascorbic Acid)	50 mg	83%
Thiamine B <sub>1</sub> (Mononitrate)	750 mcg	50%
Riboflavin B <sub>2</sub>	850 mcg	50%
Niacin (Niacinamide)	10 mg	50%
Vitamin B <sub>6</sub> (Pyridoxine HCl)	5 mg	250%
Vitamin B <sub>12</sub> (Cyanocobalamin)	3 mcg	50%
d-Biotin	150 mcg	50%
Pantothenic Acid (D-Calcium Pantothenate)	5 mg	50%

**Other Ingredients:** Cellulose, Calcium Phosphate, Stearic Acid, Croscarmellose Sodium, Food Glaze, Mono- and Diglycerides, Magnesium Stearate.

(Rev. 1)

Product #309